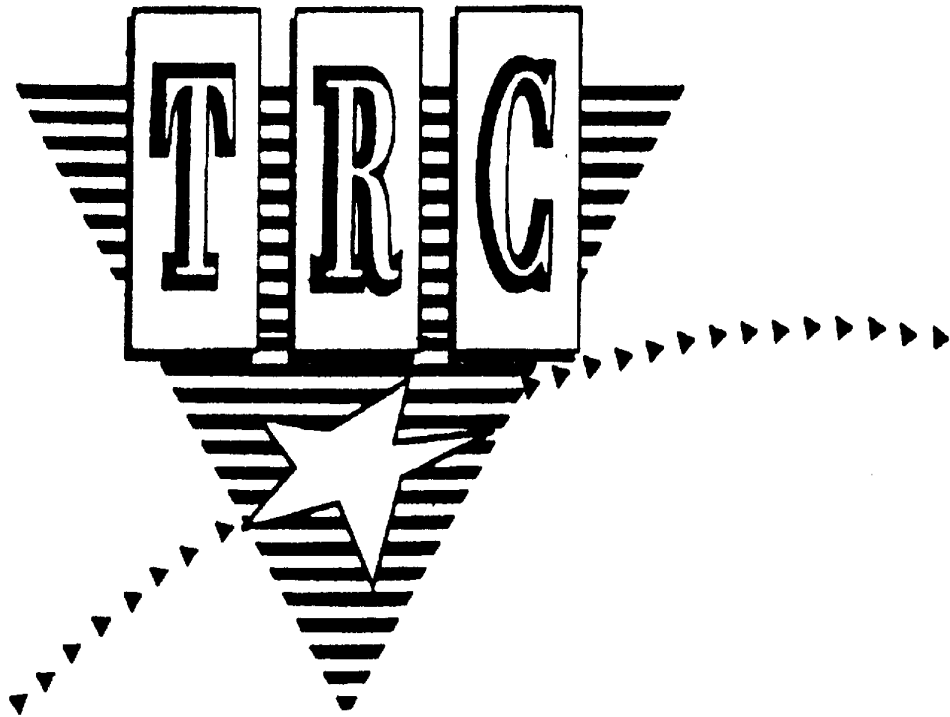


**MONTGOMERY THERAPEUTIC
RECREATION CENTER
SPRING AFTER-SCHOOL BROCHURE**

January 6, 2014 - May 23, 2014

TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!



“THE BENEFITS ARE ENDLESS”

GENERAL INFORMATION

Hours of Operation: The TRC is open the following times:

| | |
|---------------------------|-------------------|
| Monday, Tuesday, Thursday | 8:00am to 7:00pm |
| Wednesday and Friday | 8:00am to 5:00pm |
| Saturday | 9:00am to 12:00pm |

City Holidays: The TRC will be closed the following holidays:

| | |
|-------------------------------------|--|
| MLK Holiday - Mon, January 20, 2014 | President's Day - Mon, February 17, 2014 |
| Memorial Day - Mon, May 26, 2014 | |

REGISTRATION NOTES

1. Registration for Spring semester is Saturday, December 7, 2013 from 9:00am - 12:00pm and Monday, December 9, 2013 through Friday, December 13, 2013 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. *Fees are nonrefundable!*
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks should be payable to MTRC.
7. Mailed registrations will not be accepted. Wellness members must register at TRC. After-school participants can register on-line or at TRC.

Personal Belongings: The TRC is not responsible for any personal valuables at the center. Please do not bring jewelry, cash, cellular phones, and other items of value to the center.



New Program Symbol: When you see this symbol in the brochure, it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

ADULT DAY PROGRAM

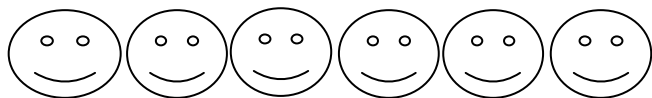
MTRC offers a day program for the individuals who are 21 years of age and older. Participants will engage in various activities such as arts and crafts, swimming, computer activities and much, much more. Individuals will go on community based outings. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.

Time:.....8:00am - 3:00pm

Ages:.....21 years and older

Contact:.....Wendy Dobbs



PEDIATRIC PROGRAM

Come be part of this fun program in our new location. We have many new innovative products to engage and inspire your children! Each week, children will experience a wide variety of activities to improve fine and gross motor skills, sensory difference, trunk balance and much, much more. During the first hour, children are engaged in a wide range of activities and during the second hour, children are engaged in the indoor heated pool.

Day:..... Fri.

Time:.....10:00am - 12:00pm

Limit:.....4

Ages:.....2 - 5 years of age

Contact:.....Wendy Dobbs

PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON ALL ITEMS BROUGHT TO TRC TO ASSIST STAFF WITH LOST ITEMS, (EX.COATS, TOWEL, BOOK BAGS ETC.)

Personal belongings: The TRC is not responsible for any personal valuables at the center. Please do not allow your participant to bring jewelry, cash, cellular phones, or any other items of value to the center.

LATE FEES

Effective October 3, 2005 a late fee will be charged daily when a participant is picked up late. You will be given a grace period of 15 minutes. For every minute that you are late, \$1.00 will be charged. Late fees must be paid before participants next scheduled pick-up date.

THIS WAY TO ONLINE REGISTRATION INFORMATION

PARENT INFORMATION



TRANSPORTATION REMINDER

**IT IS VITAL THAT WE KNOW IF YOUR
CHILD WILL NOT BE IN SCHOOL.**

**BE SURE TO CALL MTRC EACH DAY YOUR CHILD
WILL BE ABSENT FROM AN AFTER-SCHOOL
PROGRAM TO HELP US FACILITATE OUR
TRANSPORTATION PROGRAM.**

**FAILURE TO NOTIFY THE MTRC THREE
TIMES IN A SEMESTER MAY RESULT IN SU-
PENSION OF YOUR CHILD BEING TRANS-
PORTED BY MTRC.**

**IN ORDER TO ASSURE TRANSPORTATION FOR YOUR CHILD FROM
SCHOOL, ALL REGISTRATION AND TRANSPORTATION FORMS AND
FEE MUST BE TURNED IN AND PAID BY DECEMBER 13, 2013.**

**BE SURE TO CHECK OUT
OUR ADAPTIVE SPORTS
PROGRAM. FOR
QUESTIONS REGARDING
PROGRAMS, CONTACT
CORATIO VINSON AT
(334)240-4595**

**You must register your
child in a program that is
offered for their
chronological age and
their functional ability.**



MTRC Tiger Basketball

Let's Hoop!! If you enjoy the game and would love to be part of a team and learn new skills then sign up!!! ***Program will not meet Jan. 20, Feb. 14, 17, Mar. 24, 28, & May 16.***

Day:.....Mon. & Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....13 and up
Limit:.....20
Contact:.....Coratio Vinson

Blue Marlin Swim Team

Participants must be able to swim the length of the pool using both freestyle and the backstroke. All athletes must have the desire to work and train hard. The team has a parent support group that meets the second Thursday of each month. ***Program will not meet Feb. 13, Mar. 25, 27 & May 22.***

Days:.....Tues. & Thurs.
.....Time:.....

Adult Swimmers.....2:00 - 3:30pm
After-school.....4:00 - 5:00pm
Level:.....II, III
Age:.....9 years and older
Limit:.....20
Contact:.....Ralph Evans

TRC Easy Riders

TRC Easy Riders are getting ready for Spring semester. The riders will continue to work on skills needed to compete in upcoming horseshows. ***Program will not meet Feb. 13, Mar. 25, 27, & May 22.***

Days:.....Tues. & Thurs.
Time:.....2:00 - 3:30pm
.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....5 for each time slot
Cost:.....\$150.00 or monthly installments of \$30.00
Contact:.....Marie Walker

Strikers

Strikers bowling team will work on developing skills for competition at all local and state Olympic Tournaments. The team practices at Bama Lanes. ***Pick up for all Strikers will be at Bama Lanes. Program will not meet Feb. 14, Mar. 28 & May 16.***

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....III
Limit:.....15
Cost:.....\$76.50
Contact:.....Chris McNeil

ADAPTIVE SPORTS

Pickleball

Pickleball is a hit at MTRC. This exciting sport combines elements of badminton, tennis and table tennis into one awesome sport. ***Program will not meet Mar. 26.***

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....13 years and up
Limit:.....6
Contact:.....Coratio Vinson

MTRC Tiger

Flag Football

Down!! Set!! Go!! Do you love football and have always wanted to get on the grid iron. Flag football is a great way to satisfy the desire to play football. This is a fun filled new limited contact sport that is part of Special Olympics. ***Program will not meet Feb. 13, Mar. 27.***

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....13 years and up
Limit:.....12
Contact:.....Coratio Vinson

**TRY OUR NEW ADAPTIVE
SPORTS PROGRAM
PICKLEBALL IT'S FUN,
EXCITING AND FAST PACE.**

**IF YOU ENJOY TEAM
SPORTS THEN TRC IS THE
PLACE FOR YOU!!!!**

**IF YOU HAVE ANY QUESTIONS ABOUT OUR ADAPTIVE
SPORTS PROGRAM PLEASE CALL , CORATIO VINSON AT
334-240-4595.**

TRC AFTER-SCHOOL PROGRAMS

TRC LEVEL PROGRAM

Before Spring Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Spring Semester 2012 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment, a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club, please call the contact person for that program. If parents have questions about our process please, call Wendy Dobbs.

MONDAY

Jag Girls This young women's group will work on building character and participate in activities that foster a positive self image including special guests, dinner together, dinner out and birthday parties. Parents, caregivers and group home staff are responsible for birthday parties and sign-up dinners to feed 20 people. All participants must be in an after-school program. Participants may not be dropped off for this program until 4:45pm. Program will not meet Jan. 20, Feb 17, Mar. 24.

Day:..... Mon.
Time:..... 5:30 - 7:00pm
Level:..... II, III
Age:..... 25 years and up
Limit:.....15
Cost:.....\$10.00 annual dues
.....\$5.00 monthly fee
Contact:.....Susan Bray

If your child is registering for one of the aquatic classes, please send his/her proper swim attire for each class every week.



Let's Talk About It

This program is for teens and young adults who are having trouble expressing their thoughts and feelings. This program is only a program to encourage self-confidence, self-control and to offer a forum and opportunity to participants to discuss things such as peer pressure, fitting in, self image, or just being different or whatever is on their minds. Participants must have adequate verbal skills to participate in this program. Program will not Meet Jan. 20, Feb 17, Mar. 24.

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:..... II, III
Limit:.....10
Contact:.....Joye Bigelow

Craft Fever

Do you have the craft fever? Then this class is for you. There will be a variety of craft projects that will be created. All you need is an imagination to design. Your projects will be featured at the Alabama National State Fair. Program will not Jan. 20, Feb 17, Mar. 24.

Day:.....Mon.
Time:..... 4:00 - 5:00pm
Level:.....III
Age:.....12 and older
Limit:.....10
Cost:.....\$10.00
Contact:.....Pamla Tilghman

After-School Splash This

after-school program consists of a variety of games that can be introduced in the water. The program will enhance the participant's range of motion, challenge their motor skills and give them a chance for water exploration. Parents are encouraged to join their children for this program. It is Mandatory that proper swim attire is brought for this class every week. Program will not meet Jan. 20, Feb 17, Mar. 24.

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....8
Contact:.....Jeffery Barlow

Puzzles & More We will be using different sizes and using familiar shapes and vibrant colors that will stimulate visual learning, reinforce hand-eye coordination and will help participants develop problem solving skills and fine motor skills. Program will not Meet Jan. 20, Feb 17, Mar. 24.

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....12
Cost:.....\$15.00
Contact:.....Brad Ellis

THIS WAY TO SPECIAL EVENTS

TRC Round Up

TRC Round-up,

It's time for Spring Semester, so sign up and learn the fundamentals of horseback riding. This class will help you with balance, muscle tone, posture, coordination, and motor skills. This program also allows participants to move up and compete with the TRC Easy Riders, based on a evaluation by the instructor. **Program will not meet Jan. 20, Feb 17, Mar. 24.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....6
Cost:.....\$30.00
Contact:.....Marie Walker

Low Impact Aerobics

This class is designed with fitness in mind as we do fast and slow stretches using mats and balls to music for 30 minutes. The remainder 30 minutes of the class is spent in the weight room using various machines and equipment to tone specific muscle groups. **Program will not meet Jan. 20, Feb 17, Mar. 24.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....12
Contact:.....Susan Bray

TUESDAY

Macaroni Painting

This class is designed to create pictures using macaroni and beans to be glued one week and painted the next week. We will use spring themes and holidays. **Program will not meet Mar 25.**

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....8
Cost:.....\$12.00
Contact:.....Susan Bray

Green Thumb Garden

Club Have a green thumb? Do You mind getting your hands dirty? Come learn how to grow vegetables, flowers and house plants. See what it takes to care for a garden. **Program will not meet. Mar 25.**

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....12 years and older
Limit:.....10
Contact:.....Pamla Tilghman

Girls Rule

Ever dream of becoming a fashion designer or designing items for women? Well here is your chance in a lifetime. Come enjoy designing your very own jewelry, purses, clothes, etc. **Program will not meet. Mar 25.**

Day:.....Tues
Time:.....4:00 - 5:00pm
Level:.....III
Age:.....15 and up
Limit:.....10
Cost:.....\$40.00
Contact:.....Elizabeth Hawkins

Physical Activity

Time Let's move! This program will promote all types of physical games, including outside play when weather permits. We will keep it fun so participants will want to come back for more! **Program will not meet Mar 25.**

Day:.....Tues
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....10
Contact:.....Brad Ellis

Gentlemen's Club

Attention! We are looking for eager males who are wanting to become the finest gentlemen that they can be. This program's focus will be building the qualities and characteristics that truly define what it is to be considered a distinguished gentleman. **Program will not meet. Mar 25.**

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....III
Limit:.....15
Cost:.....\$25.00
Contact:.....Edward Woods

WEDNESDAY

The Wood Factory

Attention! Attention! Now hiring participants at TRC's Wood Factory. This is a new program that allows participants to design and construct model projects made from Balsa wood. Projects will include model homes, cars, animals and much, much, more. **Program will not meet Mar 26.**

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....10 and up
Limit:.....10
Cost:.....\$40.00
Contact:.....DeCondre Lee

Music Matters

This will be an introduction to music skills class taught by Mrs. Gene Davis. The class will include singing, rhythm instruments and handbells.

Program will not meet Mar 26.
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....6

Cost:.....\$20.00
Contact:.....Wendy Dobbs

Check out our new classes
on this page.

MTRC Your Child Can

Learn Do you need help reading, learning the alphabet, or numbers? Well this program will help enhance your child's learning ability. This will also allow the participant to learn both the written word and spoken word simultaneously increasing communication skills which will enhance learning abilities and promote greater confidence.

Program will not meet Mar 26.

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....6
Cost:.....\$10.00
Contact:.....Brad Ellis

Let's Go Swimming

This is a learn to swim program. This program is for participants that have the ability and want to learn to swim. Participants will be taught to tread water, entering and exiting the pool without assistance, and the fundamentals of swimming. Participants must not be fearful of the water and must be able to hold their head under the water for 5 to 10 seconds. *It is mandatory that proper swim attire is brought for this class every week. Participants must have been exposed to water activities prior to being register for this program.* *Program will not meet Mar 26.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....12

IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING A SPECIAL EVENT, OR PROGRAM, PLEASE DO NOT HESITATE TO CALL THE MTRC. LOOK FOR THE CONTACT PERSONS NAME AT THE BOTTOM OF THE PROGRAM AND CALL (334) 240-4595.

Contact:.....Jeffery Barlow

What's Cookin TRC This program is designed for cooking simple salads and desserts, step by step which will enable our participants to become more independent in the kitchen. At the end of the semester the participants will prepare a meal and receive a cookbook, containing the recipes they prepared. *Program will not meet Mar 26.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....15 years and older
Limit:.....12
Cost:.....\$40.00
Contact:.....Susan Bray

TRC Drama Club

Acting and performing is the key for this club. This is for adolescents and adults who enjoy performing in front of an audience. You must be able to participate in the production that will be performed in November at the Armory-Learning Arts Center. *Program will not meet Mar 26.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....III
Age:.....12 years and older
Limit:.....10
Contact:.....Pamla Tilghman

Giddy Up We are going to giddy up and enjoy the Therapeutic movement of a horse. No riding skills will be taught in this class. We will absolutely have a great time feeling the movement of the horse and the sound of musical instruments. *Program will not meet Mar 26.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....6
Cost:.....\$30.00

CHECK OUT OUR NEW PROGRAMS FOR THE SPRING SEMESTER

THURSDAY

Contact:

.....Marie Walker

Sensory Fun Sensory Fun is a class designed to stimulate all the senses. The Creative Arts Department goal is to provide your child with the opportunity to express their creativity through colors, shapes, and sensory stimulating arts-n-craft projects that will foster calm and create loads of fun! *Program will not meet Feb. 13, Mar.27 & May 22.*

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....10
Cost:.....\$7.00
Contact:.....Pamla Tilghman

The Yearbook Team

This is a continuation of the Fall semester therefore all participants who enrolled during the Fall should enroll for the Spring semester. The team will finish putting TRC's Yearbook together! **THE CLASS WILL MEET THE 1ST THURSDAY OF EACH MONTH AND ONCE THE YEARBOOK DESIGN IS COMPLETE, THE PROGRAM WILL END.** *Program will not meet Feb. 13, Mar. 27 & May 22.*

Day:.....Thur.
Time:.....3:00 - 4:00pm
Level:.....III
Limit:.....5
Contact:.....Elizabeth Hawkins

MTRC Dance And Karaoke

Do you love to sing and dance? Then this is the program for you. We will dance till we drop and sing our hearts out. We will have Fun! Fun! Fun!. *Program will not meet Feb. 13, Mar.27 & May 22.*

Day:.....Thurs
Time:.....4:00 - 5:00pm
Level:.....II, III

Limit:.....15
 Cost:.....\$10.00
 Contact:.....Joye Bigelow

Let The Good Times Roll

Love having fun? Well you are in luck. Come join us as we put your cognitive and physical skills to the test by playing various fun filled games. *Program will not meet Feb. 13, Mar.27 & May 22.*

Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....III
 Limit:.....10
 Cost:.....\$15.00
 Contact:.....Elizabeth Hawkins

Model Magic This program will help promote cognitive learning skills by using their hands to create magic from playdo and modeling clay. *Program will not meet Feb. 13, May 22 & Mar. 27.*

Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....15
 Cost:.....\$25.00
 Contact:.....DeCondre Lee

Bullseye Want to build precision strength and patience? Join us for a new archery program. We will be learning the art and skill of one of the worlds oldest forms of hunting and one of the most growing sports in America. At the end of the semester, we will be using the skill we have learned in Bullseye at a real indoor Archery range for an additional fee. *Program will not meet Feb. 13, Mar.27 & May 22.*

Day:.....Thurs.
 Time:.....4:00 - 5:00pm

FRIDAY

Level:.....
II, III
 Limit:

.....6
 Cost:.....\$20.00
 Contact:.....Kristy Harris

Creative Express

Creative Express is all about expressing yourself through creative art. Come join the Art-n-Crafts Department in creating your very own "masterpieces" through velvet art, scratch art, tissue paper art and candle art making. Join and let your imagination take you away. *Program will not meet Feb. , 14, Mar. 28 & May 16.*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....12
 Cost:.....\$28.00
 Contact:.....Deshanoe Ishman

MTRC Bookworms

This program is designed for those who enjoy reading and listening to stories. Each week participants will travel to various libraries. The program instructor and participants will read different books and discuss the theme behind the story. *Program will not meet Feb. , 14, Mar. 28*

& May 16.

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....6
 Contact:.....Brad Ellis

MTRC Movie Theatre Do you enjoy action packed movies, while munching on popcorn and drinking soda? If this sounds good to you, then come join this fun group and watch a great movie. *Fee pays for popcorn, drink and new movies. Program will not meet Feb. 14, Mar. 28 May 16.*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....20
 Cost:.....\$20.00
 Contact:.....Brad Ellis

World of Legos

Participants will strategically separate and identify multiple lego parts. Once the inventory stage is complete the participants will be instructed to assemble their project. *Program will not meet Feb. 13, 14, Mar. 28 & May 16.*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....8 years and older
 Limit:.....15
 Cost:.....\$35.00
 Contact:.....DeCondre Lee

For the Love of Horses

So you have a love for horses but maybe not for riding, then this is the class for you. We will simply pet, brush and give the horses treats. We are going to return all the love they give us. *Program will not*

**PLEASE BE MINDFUL
 WHEN REGISTERING
 YOUR CHILD OF THE
 DATES OF THE SPECIAL
 EVENTS, TO ENSURE
 THAT YOU DON'T
 REGISTER YOUR CHILD
 FOR TWO EVENTS ON
 THE SAME DAY.**

**The Adaptive Sports
 Department is always
 looking for new athletes
 to join their teams. See
 Coratio Vinson.**



**MTRC's 1st
 Yearbook is
 coming along and
 will be on sale in
 2014**

SPECIAL EVENTS

Valentine Dance Come in your Valentine colors of red, pink, white and purple and dance the evening away. Enjoy good friends and good food. You may even find some sweets for the sweetie. *After-school programs are cancelled for this event.*

Date:.....Thurs., February 13, 2014
Time:.....7:00 - 9:00pm
Cost:.....\$4.00 per person
Contact:.....Pamla Tilghman

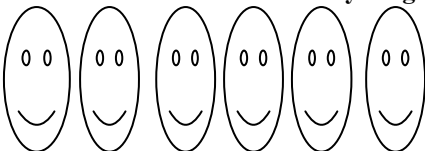
Auburn University

Basketball vs Mississippi

State The War Eagles will try to turn things around by feeding off the outstanding football season that the Tigers had this year. The Bulldogs are coming to town to challenge the Tigers on the hardwood. Date:.....Sat., February 15, 2014 Time:.....10:00am - 5:00pm Level:.....II, III Age:.....10 years and up Limit:.....15 Cost:.....\$20.00 Contact:.....DeCondre Lee

Girls Night Out Join us as we have a night out on the town. We will eat dinner at Red Lobster and enjoy a movie at AMC.

Date:.....Fri., February 21, 2014
Time:.....5:30 - 10:00pm
Level:.....III
Age:.....18 years and older
Limit:.....12
Cost:.....\$35.00
Contact:.....Joye Bigelow



Capital City Classic

Alabama vs Auburn Join us as we travel to River Walk Stadium to watch Alabama and Auburn battle it out for bragging rights in the Capital City Classic. Don't forget to wear favorite Alabama or Auburn attire that night. This will be a great night for food and excitement!

Date:.....Tues., March 4, 2014
Time:.....5:00pm
Level:.....I, II, III
Limit:.....20
Cost:.....\$32.00
Contact:.....Chris McNeil

Lunch and a Movie

Join us as we go to AMC Festival Plaza 16. We will watch the newest and latest movie out and then have lunch at Mel-low Mushroom Pizza Bakers. Date:.....Wed., March 25, 2014 Time:.....10:30am - 3:00pm Level:.....I, II, III Limit:.....must have 15 min Cost:.....\$25.00 Contact:.....Brad Ellis

Lunch & Bowl Do you enjoy bowling and spending time with friends? Well this is the perfect event for you! Bring your bowling ball and let's spend the day at the bowling alley. We will also eat lunch at the bowling alley. So don't miss out!

Date:.....Wed., March 26, 2014
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....must have 15 min
Cost:.....\$15.00
Contact:.....Brad Ellis

Disney Princess and

Pirates Adventure Grab your tiaras and doubloons and join us for Disney Junior Live on Tour! This performance features Sofia the princess and Jake the young dashing pirate.

Date:.....Mon., March 27, 2013
Time:.....4:30 - 10:00pm
Level:.....I, II, III
Limit:.....10
Cost:.....\$32.00
Contact:.....DeCondre Lee

Spring Camporee Enjoy a weekend with friends from all around the state participating in fun activities such as arts and crafts, games, swimming and much, much more. Don't miss out on this fun-filled weekend and get a chance to meet new friends and see old faces. *After-school programs area cancelled for this event.*

Date:.....TBA
Time:.....TBA
Level:.....I, II, III
Age:.....14 & Older
Limit:.....22
Cost:.....TBA
Contact:.....Wendy Dobbs

Bama Bandits Target

Shoot We will be watching the Bama Bandits Shoot off horseback at various targets. This event is perfectly safe, black powder is used for shooting. This event will be very noisy so if you don't like loud noises this event is not for you. This event will be a blast and very exciting to watch. Lunch will be provided.

Date:.....TBA
Time:.....TBA
Level:.....II, III
Limit:.....8
Cost:.....\$10.00
Contact:.....Marie Walker



SPECIAL EVENTS CONT.

Pre-Spring Break trip

Back to Tennessee

Mountain The Tennessee

Mountain Trip was such a success we are doing it once again. The Smokey Mountains is still one of the best places to go. TRC participants will view this beautiful, majestic part of the United States and have four days and five nights of action packed fun. This year we will have one more night and one more event. While in the Smokey Mountains we will enjoy Ripley's Aquarium, Space Needle, Hollywood star Car Museum, Rainforest Adventure, go Carts, the Amusement Park and in addition, we will go to an in-door water park and go see the Titanic Show. Participants will stay in a 12-16 man cabins with 5 full baths, cable, Air Hockey, and football. Full kitchen and theater room and more. Yeah! I look forward to seeing you in the mountains for the next adventure. WOW!

.....Date:.....
Fri., March 21 - Tues., March 25 2014
 Time:.....TBA
 Level:.....III
 Limit:.....10
 Cost:.....\$250.00
 Contact:.....Kristy Harris

Tampa Bay Ray

Professional Baseball

Game The Tampa Bay Rays will be here for an exhibition game at the River Walk Stadium. Major League baseball excitement live in Montgomery. So come and join us for a night filled with good times.

Date:.....Sat., March 29, 2014
 Time:.....TBA
 Level:.....I, II, III
 Limit:.....20
 Cost:.....\$38.00
 Contact:.....Chris McNeil

The Formal Enjoy an evening of

elegance in your Black and White attire. The theme is "a Night of Silver Stars". Don't miss the crowning for King and Queen as they take their Royal walk. Remember to hold on to your ticket you may be the winner. Photographer will be on site. After-school programs are cancelled for this event.

Date:.....Friday, April 18, 2014
 Time:.....7:00 - 9:00pm
 Cost:.....\$4.00 per person
 Contact:.....Pamla Tilghman

Alabama Wildlife

Federation Nature Walk

We will adventure out on 3 different hiking trails and explore the Alabama Wildlife Federation Park. This is a beautiful park and in order to feel its full impact you must experience it through sight, sound, and smell. When you see the park in person you will be astonished by it's beauty.

Date:.....Sat., April 19, 2014
 Time:.....8:00am - 2:00pm
 Level:.....II, III
 Limit:.....15
 Cost:.....\$10.00
 Contact:.....DeCondre Lee

TRC Biscuit Baseball

Game Come and enjoy an evening at

the Montgomery Biscuits Baseball Park. Participants will get a chance to see a great baseball game with excellent seats behind home plate (subject to availability), run the bases, good food and just plain fun. Are you ready for some baseball?

Date:.....Saturday, May 3, 2014
 Time:.....TBA
 Level:.....I, II, III
 Limit:.....15
 Cost:.....\$35.00
 Contact:.....Chris McNeil

TRC Awards Banquet This

is a very special evening, where we recognize all the after-school participants. TRC will provide the main dishes; we ask that each family bring a dessert for this event. After-school programs are cancelled for this event.

Date:.....Thursday, May 22, 2014
 Time:.....6:00 - 8:00pm
 Cost:.....FREE
 Contact:.....Wendy Dobbs

**CHECK OUT ALL OF
 THE NEW
 PROGRAMS FOR THE
 SPRING SEMESTER.**

PARENT'S

**PLEASE BE
 MINDFUL OF PICK UP
 AND DROP OFF TIMES
 FOR ALL SPECIAL
 EVENTS**

**MARK YOUR
 CALENDAR
 HOOP IT UP
 TOURNAMENT
 SCHEDULED FOR
 FEB. 14, 2014**

ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter www.montgomeryal.gov
3. Next, place the cursor on Government at the top of screen.
4. A drop down menu will appear and click on “ E-Services”.
5. Click on TRC Registration
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.
7. Payment must be received by 5:00pm on Friday, December 13, 2013 or your registration will be can-

FREQUENTLY ASKED QUESTIONS

Who can register?

Online registration is for fall semester program and participants wanting to register for the fall semester. These participants should be able to register from any computer with internet access.

How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

Will anyone be able to register before 9:00?

NO! The company will not let you register before 9:00am.

What if I don't have a computer?

The MTRC will be open Sat., December 7, 2013, so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

When are fees due?

All fees are due in full by Friday, December 13, 2013, or your registration will be cancelled.

There will be a \$6.00 registration fee for all spring programs.

SPRING 2014 REGISTRATION

Date _____

Name: _____
Home Phone: _____
Level: I II III
Parent/Guardian _____
Address _____
City: _____
State: _____ Zip: _____

Daytime Phone: _____
D.O.B. _____
E-mail Address _____ @ _____
Emergency Contact: _____
Emergency number: _____
Disability: _____

Directions: Please indicate the activities you/your child would like to attend this semester.

MONDAY

____ Let's Talk About It II, III
____ Puzzles & More I, II, III
____ Jag Girls II, III
____ After-school Splash I
____ TRC Round-UP II, III
____ Low Impact Aerobics II, III
____ Craft Fever III

TUESDAY

____ Gentlemen's Club III
____ Macaroni Painting I
____ Green Thumb Garden Club II, III
____ Blue Marlin Swim Team II, III
____ Girls Rule III
____ Physical Activity Time I, II, III

WEDNESDAY

____ Your Child Can Learn I, II, III
____ What's Cookin TRC II, III
____ Giddy Up I
____ Let's Go Swimming II, III
____ TRC Drama Club III
____ The Wood Factory II, III
____ Music Matters II, III

THURSDAY

____ TRC Yearbook Team III (3-4pm)
____ MTRC Dance /Karaoke II, III
____ Model Magic I, II, III
____ Sensory Fun I
____ Blue Marlin Swim Team II, III
____ Bullseye! II, III
____ Let the Good Times Roll III

FRIDAY

____ Bookworms I, II, III
____ Movie Theatre I, II, III
____ World of Lego II, III
____ For the Love of Horses I, II III
____ Creative Express II, III
____ Strikers III

ADAPTIVE SPORTS

____ Pickleball II, III
____ MTRC Tiger Flag Football II, III
____ TRC Easy Riders I, II, III
____ Tigers Basketball II, III

DAY PROGRAMS

____ Day Program
____ Pediatric Program

SPECIAL EVENTS

| | | |
|---|--|-------------------------|
| ____ Valentine Dance | ____ Disney Princess & Pirates Adventure | ____ TRC Awards Banquet |
| ____ Auburn vs Mississippi | ____ Tampa Bay Rays | ____ Bama Bandits Shoot |
| ____ Girls Night Out | ____ The Formal | ____ AWF Nature Walk |
| ____ Capital City Classic Alabama vs Auburn | ____ Spring Camporee | ____ Lunch and a Movie |
| ____ Lunch & Bowl | ____ TRC Biscuit Baseball Game | |
| ____ Pre Spring Break Trip to TN | | |

WELLNESS

| | | | |
|------------------------|--------------------------------|------------------------------|----------------------------------|
| ____ Open Lab | ____ AEP | ____ Stretch - n - Tone | ____ Parkinson's Support Club |
| ____ Ask MTRC | ____ Have it Your Way | ____ Land Exercise | ____ That's what Friends Are For |
| ____ One - On - One | ____ TRC Spec's | ____ Early Morning Workout | ____ Simple Sewing Class |
| ____ Energize Me | ____ Family Splash | ____ Individual Fitness Room | ____ Senior Ceramics |
| ____ On the Move | ____ Beginner Swim Course | ____ Potluck Brunch | ____ Bingo Extravaganza |
| ____ Early Bird Series | ____ Intermediate Course | ____ Wise Club | ____ The Masquerade Ball |
| ____ Aqua Zumba | ____ Advance Swim Course | ____ Walk Old Cloverdale | ____ Spring Meet & Greet |
| | ____ Adult Wellness Assessment | | |

Method of payment: ____ Cash ____ Check # _____ Locker Fee _____ \$10.00 Locker # _____

Wellness Fee: _____ Late Fee: _____ \$5.00 Other Fee/s _____

Total Amount Due: \$ _____ Amount Received: \$ _____ Date Received: _____

Received By: _____ Receipt # _____ Receipt Given: ____ Yes ____ No

DATES TO REMEMBER

| | |
|---|---|
| Sat., December 7, 2013..... | Spring registration Begins |
| Fri., December 13, 2013..... | Spring Registration Ends |
| Mon., January 6, 2014..... | Spring Semester Begins |
| Mon., January 20, 2014..... | MLK Holiday (TRC Closed) |
| Thurs., February 13, 2014..... | Valentine Dance (After-school programs cancelled) |
| Fri., February 14, 2014..... | Hoop It Up (After-school programs cancelled) |
| Sat., February 15, 2014..... | Auburn University Basketball VS Mississippi State |
| Mon., February 17, 2014..... | President's Day (TRC Closed) |
| Fri., February 21, 2014..... | Girls Night Out |
| TBA..... | Camporee |
| TBA..... | Bama Bandits |
| Fri., March 21 - Tues., March 25, 2014..... | Pre-Spring Break Trip |
| Mon., March 24 - Fri., March 28, 2014..... | Spring Break |
| Tues., March 25, 2014..... | Lunch & a Movie |
| Wed., March 26, 2014..... | Lunch and Bowl |
| Thurs., March 27, 2014..... | Disney Princess and Pirate Adventure |
| Sat., March 29, 2014..... | Tampa Bay Rays Professional Baseball Game |
| Fri., April 18, 2014..... | The Formal (After-school programs cancelled) |
| Sat., April 19, 2014..... | Alabama Wildlife Federation Park |
| Sat., May 3, 2014..... | TRC Biscuit Baseball Game |
| Fri., May 16 - 18, 2014..... | State Games (After-school Programs Cancelled) |
| Thurs., May 22, 2014..... | Awards Banquet (After-school Programs Cancelled) |
| Mon., May 26, 2014..... | Memorial Day (TRC Closed) |
| Fri., May 23, 2014..... | Spring Semester Ends (Last Day of Programs) |

Montgomery Therapeutic Recreation Center

604 Augusta Street

Montgomery, Alabama

334.240.4595

City Officials

Todd Strange, Mayor

Michael Briddell, Director of Public Information & Extra Affairs

Leisure services

Rob Spivery, Director

Kay McCreery, Superintendent of Recreation

MTRC Staff

Fredrick L. Thomas, CTRS, Director

Jeffery Barlow, Aquatics Coordinator

Joye Bigelow, Resource Lab Coordinator

Chris McNeil, General Recreation Coordinator

Pamla Tilghman, Creative Arts Coordinator

Tim Johnson, Aquatics Instructor

DeCondre Lee, General Recreation Instructor

Elizabeth Hawkins, General Recreation Instructor

Sampson Cotton, General Recreation Instructor

Marie Walker, General Recreation Instructor

Carolynn Singleton, Secretary

Deshano Ishman, CTRS, Asst. Creative Arts Coordinator

Taylor Barnett, Night Aide

Wendy Dobbs, CTRS, Assistant Director

Coratio Vinson, Adapted Sports Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Susan Bray, Asst. Program Coordinator

Deborah Duncan, Aquatics Instructor

Brad Ellis, General Recreation Instructor

Kristy Harris, Transportation Coordinator

Edward Woods, General Recreation Instructor

Ralph Chrishon, General Recreation Instructor

Tyjuan McMillian, Aquatics Instructor

DeCarlos Chrishon, Aquatics Instructor

David William, Custodian

Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department